

THE SNAKE PIT USA/ICWF CATCH WRESTLING RULESET & WEIGHT CLASSES.

BEST TWO OUT OF THREE (5 Point Negative Point system) ONLY used in the case of a draw. Three, Five Minute Rounds.

RULES:

- Snake Pit USA uses the age old “Best of Three” match system with a modern approach. When we say best of three, it means you must win 2 out of three rounds or win one, and stop your opponent from winning any. So, if one round is won via sub or pin and no other rounds are won by either wrestler, then the win goes to the wrestler who took one round. Again, the only way to win a round is by Submission or a Three Count Pin.

- Which leads us to this: If nobody secures a Round or it is tied 1 to 1 over the course of three rounds then we go to the 5-Point system scorekeeper.

FIVE POINT SYSTEM: - Each Wrestler will start every round with 5 points. If you are thrown feet above head, retreat out of bounds twice (will be warned first infraction) or are called for passivity three times (Referee will give two warnings) you will lose 1 Point. Pulling guard or “butt scooting” will also result in the loss of 1 point. - Please keep in mind, you will start each round again with 5 Points. The Five Point system is ONLY used in the case of a draw. There will be no overtime rounds. If and only when needed, the Wrestler with the most remaining points from a possible 15 points wins.

NO HOLDS BARRED: - ALL Submissions and Takedowns are Legal with a few small exceptions. There will be No Striking, no hair pulling, eye gouging, groin attacks of any kind or small joint (fingers/toes) manipulation is permitted.

NOTE: - If an athlete is choked unconscious, he/she will have 1 minute (same time as used between rounds) to recover. If the wrestler can show the referee that he or she can continue at the end of the 1 min round break and the corner has not thrown in the towel, then the match will continue.

Keep in mind the referee has the absolute authority to call a match if a wrestler is severely injured or choked unconscious and they believe it is unsafe for the wrestler to continue.

PINNING: - You CANNOT Pin yourself. - You cannot be Pinned while in control of a Submission attack off your back. The Wrestler under attack must escape and reestablish positive control before a pin will be counted.

- **EXAMPLES:** - You cannot be pinned while going for a Triangle or an Arm Bar, etc. off your back unless your opponent fully escapes first, and as stated above, gains full control, and then

goes for the pin. - Same as attacking with a choke or crank from rear mount. If your opponent rolls you onto your back while you have positional control, it will not be counted as a pin.

UNSPORTSMANLIKE CONDUCT: - Any unsportsmanlike conduct, towards your opponent, the referee or event staff will immediately result in your removal from the Facility. This is the only warning you will receive. No refunds will be given. - This also includes foul language, inappropriate behavior. Children will be present and this will be a professional event.

WEIGHT CLASSES:

MENS:

200-up: Heavyweight

175-199: Middleweight

174-under: Lightweight

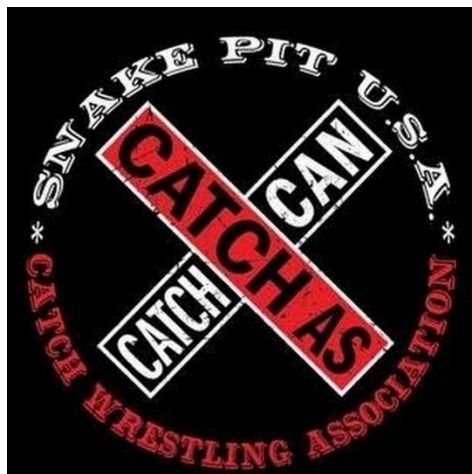
WOMENS:

ABSOLUTE/OPEN WEIGHT

If you have any questions or concerns about this event please feel free to email us at:

Contact@SnakePitUSA.com

REFUNDS: There is only one exception for refunds, otherwise there are no refunds. All sales from Registration are final. In regards to the women's division, if you register and no other females show up, you are welcome to compete in the closest Men's weigh class or receive a refund.



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